



UNIWERSYTET  
Andrzeja Frycza Modrzewskiego  
w Krakowie

## SUBJECT CARD

### 1. Basic information

<b>Subject</b>	<b>OSH Training</b>
Faculty	Faculty of Law
Field of studies	International Relations
Specialization	international business
PRK level	7 PRK
Education level	second-degree studies
Form of studies	full-time studies
Group of activities	—
Number of ECTS points	0
Type of subject	obligatory
Total number of hours	5 h
Didactic cycle	2023/2024 winter
Academic semester	1
Academic year	1
Education profile	general academic
Year of implementation	2023/2024
Language of instruction	English
Teacher(s)	dr inż. Marta Woźniak-Zapór

### Semester, number of ECTS points, type of subject, number of hours

Semester	E-Learning
1	5 godz. 0 ECTS

### 2. General objectives

C1	Learning about health and safety regulations and the principles of first aid in the event of in the event of danger to life and health
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### 3. Introductory requirements

No prerequisites

### 4. Learning outcomes

<b>W1</b>	Knowledge: knows the basic legal acts relating to health and safety at work and the standards contained therein
<b>U1</b>	Skills: identify causes of risks to life and health; be able to carry out health and safety training
<b>K1</b>	Social competence: understands the importance of systematic training and improvement of professional qualifications
<b>K2</b>	Social competence: is convinced of the need for rational behaviour to prevent accidents and injuries; applies health and safety legislation

### 5. Course program

E-Learning (5 h)

Code	Detailed description of the topic blocks (semester: 1)
E-lea1	<p>1 The concept of health risks and health hazards:</p> <p>1.1 Categories of health risks: a) physical agents (temperature, humidity, ionising radiation, noise, vibration); b) chemical agents (chemical compounds and substances, especially toxic ones); c) biological agents (bacteria, viruses, parasites, infections.);</p> <p>1.2 Potential sites and types of health hazards:</p> <p>1.3 Causes of health hazards in the workplace:</p> <p>(a) technical condition of facilities, buildings and room equipment;</p> <p>(b) machinery, equipment, apparatus;</p> <p>(c) technological processes used;</p> <p>(d) failure to observe the necessary precautions and requirements for the use of technical equipment and apparatus and improper handling of substances, reagents and other agents;</p> <p>(e) lack of knowledge of health and safety regulations and those arising from instructions and orders of the internal instructions of the workplace or employer:</p> <p>2. consequences of mechanical, thermal, chemical, biological health hazards:</p> <p>(a) occupational diseases the concept of occupational disease under the legislation;</p> <p>(b) the concept of accident at work;</p> <p>(c) types of accidents and injuries: burns, poisoning, fractures and the concept of long-term impairment of health;</p> <p>(d) severe accident, collective accident, fatal accident;</p> <p>(e) treatment of accidents at work;</p> <p>(f) statistics of accidents and occupational diseases; in Poland, in Europe and in the world;</p> <p>3. basic legal regulations in the field of occupational health and safety and in the health sector;</p> <p>(a) characteristics of the regulations contained in the Labour Code;</p> <p>(b) brief characteristics of the Regulation of the Minister of Labour of 1997 on general regulations of health and safety at work;</p> <p>(c) a discussion of the regulations of the Minister of Health on safety and hygiene;</p>

### 6. Didactic methods

<b>E-Learning</b>	
<b>M13</b>	E-learning methods

### 7. Student workload

Number of hours under supervision	Student workload
<b>E-Learning</b>	<b>5 h</b>
<b>Including e-learning:</b>	<b>0 h</b>

<b>Student's own work</b>	
	<b>0 h</b>

<b>Total workload</b>	
Total number of hours for the course	<b>5 h</b>
Total number of ECTS points	<b>0 ECTS</b>

## 8. Conditions for course completion

Course completion criteria

Passing the knowledge test.

<b>E-Learning</b>	
<b>For credit:</b>	A minimum of 60% of the pass mark on the KA e-learning platform must be achieved.

## 9. Literature

### Basic literature

1. Romer T. — Prawo pracy. Komentarz, Warszawa, 2012, Wydawnictwo Lexis Nexis

### Supplementary literature

1. Szlązak J., Szlązak N. — Bezpieczeństwo i higiena pracy, Kraków, 2010, AGH

## 11. Information about academic teachers

### The person responsible for the card

dr inż. Marta Woźniak-Zapór (e-mail: [mwozniak-zapor@uafm.edu.pl](mailto:mwozniak-zapor@uafm.edu.pl))